



Educational Workshops for Local Nonprofits & Small Businesses

Transform your ideas and learn new strategies that will strengthen your organization so you can accomplish your mission more efficiently and effectively through workshops led by local experts.

Cognitive Function & Mental Health First Aid

Cognitive Function Development Therapy (CFDT) is a unique therapeutic modality that has been demonstrated clinically effective for children (ages 6+) and adults. Using objective assessments of primary cognitive functions to direct treatment, CFDT targets lower functions to promote cognitive resource development and produce a more adaptive nervous system functioning. CFD therapy utilizes dynamically interactive activities with either a competitive or collaborative presentation to stimulate and drive the targeted neuroplastic remodeling. Outcomes include reduced or eliminated dependence on medications, successful completion of traditional therapies, and achievements beyond clinical success such as improved relationships and better academic/vocational performance.

This workshop is **in person**.



Jen Beyst
Co-Founder

Cognitive Function Development Institute

REGISTER TODAY

for our FREE workshop!



yavapaiuw.org

Quad Cities

Wednesday, February 21st, 2024 • 1-3 pm
Prescott Public Library Founder's Suite
215 E Goodwin St., Prescott, AZ 86303



Presented by United Way of Yavapai County and sponsored by Desert Financial Credit Union as part of our effort to better serve our community.

